

**OUTDOOR RECREATION NORTHERN IRELAND AND DAERA
ONLINE QUESTIONNAIRE MARCH AND APRIL 2021 – 18th FEBRUARY 2021**

Q1 Thinking about the last 12 months, how often, on average, have you spent your leisure time out of doors, away from your home?

- By out of doors we mean open spaces in and around town and cities, the coast and the countryside. This could be anything from a few minutes to all day. It may include time spent close to your home, further afield or while on holiday.
- However, it does not include routine shopping trips or time spent in your own garden.

SINGLE CODE

More than once per day

Every day

Several times a week

Once a week

Once or twice a month

Once every 2 to 3 months

Once or twice

Never

Q2 Compared to this time last year, has the frequency that you spend your leisure time out of doors, away from home, increased, decreased or stayed the same?

SINGLE CODE

Increased

Decreased

Stayed the same

Don't know

Q3 Why do you think this is?

Please give as many details as possible on why you spend more or less time outdoors than previously

Q4

IF ONCE OR TWICE A MONTH, EVERY 2-3 MONTHS OR ONCE OR TWICE AT Q1:

Which of the following reasons, if any, describe why you have not spent more of your time out of doors?

Please select all of those which apply to you.

IF NEVER AT Q1:

Which of the following reasons, if any, describe why you have not spent any of your time out of doors?

Please select all of those which apply to you.

ANSWER OPTIONS SHOWN IN RANDOMISED ORDER. MULTICODE.

Bad weather
Old age
Poor health
A physical disability
Have young children
Have caring responsibilities
Too busy at home
Too busy at work
Not interested
This isn't something for people like me
Don't like going on my own
Lack of public transport
Too expensive
Prefer to do other leisure activities
Worried about safety
Concerns about where I am allowed to go
I don't feel welcome
Lack of suitable places to go
Lack of information on where to go
Following COVID 19 related rules/ guidelines
Other concerns related to COVID 19
No particular reason
Other (**SPECIFY**)

IF NEVER IS SELECTED AT Q1 SKIP TO Q14

The next few questions are about visits to the outdoors you have made during the last 4 weeks.

Q5 Which of the following activities have you undertaken at least once during visits to the outdoors in the last 4 weeks?

ROTATE ORDER OF ANSWER OPTIONS. MULTICODE.

Dog walking
A short walk/stroll – less than 2 miles/1 hour
A long walk, hike or ramble in lowland areas – at least 2 miles/1 hour
Hill or mountain walking
Playing with children (e.g. at parks, other outdoor places)
Running/ jogging (including fell running)
Wildlife watching
Road cycling
Picnic
Off-road cycling/ mountain biking
Horse-riding
Angling/ fishing

Watersports **(SPECIFY)**

Informal sport or outdoor games (e.g. playing frisbee or football in park)

Other outdoor activities (SPECIFY) **(FIXED)**

None of these **(FIXED)**

IF NONE SKIP TO Q14

Q6 How many visits to the outdoors for leisure and recreation in Northern Ireland have you made in the last 4 weeks?

You may have made more than one visit to the outdoors for leisure and recreation each day.

IF NO VISITS TAKEN IN LAST 4 WEEKS SKIP TO Q14

Q7 Thinking about your last visit to the outdoors for leisure and recreation, which of the activities listed below was the main activity that you did?

If you undertook more than one of the activities shown please select the one you spent most time doing.

SHOW ANSWERS SELECTED AS DONE IN LAST 4 WEEKS AT Q5.

ROTATE ORDER OF ANSWER OPTIONS. SINGLE CODE.

Dog walking

A short walk/stroll – less than 2 miles/1 hour

A long walk, hike or ramble in lowland areas – at least 2 miles/1 hour

Hill or mountain walking

Playing with children (e.g. at parks, other outdoor places)

Running/ jogging (including fell running)

Wildlife watching

Road cycling

Picnic

Off-road cycling/ mountain biking

Horse-riding

Angling/ fishing

Watersports **(SPECIFY)**

Informal sport or games (e.g. playing frisbee or football in park)

Other outdoor activities (SPECIFY) **(FIXED)**

Q8 During this visit, how long did you spend [INSERT ANSWER FROM Q7] in the outdoors?

TYPE IN HOURS AND MINS

Hrs

Mins

Don't know

Q9 On this last visit to the outdoors for leisure and recreation, what types of location or destination did you go to?

Please select all of those that apply.

ANSWER OPTIONS SHOWN IN RANDOM ORDER WITHIN GROUPS. MULTICODE.

KEEP TOGETHER:

A woodland or forest (including community woodland)

Farmland

A mountain, hill or moorland

A river, lake or canal

A path, cycleway or bridleway

Country park

Another open space in the countryside

KEEP TOGETHER:

A park in a town or city

An allotment or community garden

A children's playground

A playing field or other recreation area

A zoo, wildlife park or open farm

Another open space in a town or city

KEEP TOGETHER:

A beach

Other coastline

ALWAYS AT END:

Other (SPECIFY)

Q10 Please provide the name of the actual place you visited, for example the name of the park, wood or beach.

Note that:

- *If the place does not have a name, provide a nearby street name or landmarks which would help us to find it on a map.*
- *If you were on a walk with no particular 'destination', tell us the location of the furthest away place reached.*
- *If you visited more than one place, provide the name of the place that was your final destination, for example, furthest away.*

TYPE IN

Q11 What was the main mode of transport you used to reach this place?

SINGLE CODE

On foot

Car\van\minibus
Motorcycle\scooter
Public bus
Private coach
Train
Horseback
Bicycle
Electric bicycle (ebike)
Boat
Other

Q12 Which of the following, if any, best describes who accompanied you when you on this most recent visit to the outdoors? Select all of those that apply.

MULTI CODE

No one, I went on my own.
I went with my children
I went with other members of my family
I went with my friends
I went as part of a club I am a member of
I went as part of another organised group
I went with an activity provider (e.g. private company specialising in outdoor sport)
Other (**SPECIFY**)

Q13a Which of the following reasons, if any, best describe why you made your last visit to the outdoors?

Please select all of those that apply.

SHOW SCREEN. MULTICODE. RANDOMISE ORDER

PHYSICAL HEALTH REASONS:

For health and fitness
To get some exercise

RELAXATION/WELLBEING REASONS:

To find peace and quiet
To relax and unwind
To feel revitalised
To spend time with family or friends
To spend time with other people
To entertain a child/children

EDUCATION AND LEARNING REASONS:

To learn something about the outdoors
To give child/children an opportunity to learn something new

NATURE CONNECTION REASONS:

To spend time in nature
To enjoy scenery or wildlife

OTHER REASONS:

To exercise a dog
To help out/volunteer
To take part in a sport or hobby
Another reason (SPECIFY)

Q13b And which of these was your main reason for taking this visit?

SHOW SCREEN. SINGLE CODE.
SHOW RESPONSES SELECTED AT Q13A

Q14 In total how much, if anything did you personally spend during this visit to the outdoors. This would include any money you spent on yourself or others on the following items

- Food and drink
- Fuel for your vehicle (e.g. petrol, diesel)
- Car parking
- Transport fares (e.g. bus or train)
- Hire or purchase of equipment
- Maps\guidebooks\leaflets
- Gifts or souvenirs
- Admission fees

TICK BOX: I spent nothing on this visit to the outdoors

Q15 Next please read the following list of statements and select any which applied to your last visit to the outdoors.

MULTICODE. RANDOMISE ORDER

The activities I did made me feel out of breath or sweaty
It made me feel calm and relaxed
It made me feel refreshed and revitalised
I learned something new about the natural world
I felt closer to nature
My children learnt something new about the natural world
I enjoyed spending time with family
I enjoyed spending time with friends
I enjoyed spending time with other people
I gained other benefits from my visit (SPECIFY)

ASK ALL

Q16 How much do you agree or disagree with the following statements relating to your nearest greenspace areas and paths and trails?

By greenspace we include places like parks, playing fields and natural places you could spend time in.

COLUMNS

Agree strongly
Agree slightly
Neither Nor
Disagree slightly
Disagree strongly

ROWS

My local greenspaces are within easy walking distance from my house

My local greenspaces are of a high enough standard to want to use them The facilities at my local greenspaces meet my needs

I feel safe visiting my local greenspaces

My local paths and trails for walking, running and cycling are within easy walking distance from my house

My local off-road paths and trails are of a high enough standard to want to use them

Q17 How far away from your home is your nearest green or blue space area?

By this we mean any open space areas such as parks, playing fields, woodland, beaches or rivers or other natural places you could spent time in

5 minute walk or less

Within a 6 - 10 minute walk

Within an 11- 20 minute walk

Within a 21 – 30 minute walk

More than a 30 minute walk

Don't know

STANDARD DEMOGRAPHICS RECORDED IN OMNIBUS:

Gender, age, socio-economic group, working status, car ownership, household size, region, urban/rural classification, disability and multiple deprivation measure.